

Weekday morning guides and themes:

2 November

Orientation
Lianella Girardi rsj

3-4 November

Settling the Ambers
Igniting the Fire
Geraldine Kearney sgs

7-8 November

Spiritual Resilience: For Later and Late life
Dr. Ann Zubrick

10-11 November

Exploring the Gospel of Luke:
Compassion, Hospitality and Release
Elizabeth Dowling rsm

14-15 November

The Journey of Compassion and
Contemplation
Colleen O'Sullivan rsj

17-18 November

Images of God: A How to "Seeking" and Finding
God in All Things.
Brendan Kelly sj

21 November

Outing

22 November

Weaving our Sabbatical Experiences
Colleen O'Sullivan rsj - Lianella Girardi rsj

23-27 November

The final week, a five -day retreat will be gently
led by Brendan Kelly sj
"Gathering the Graces and Giving Thanks to
Our Liberating God."

*Spiritual Direction will be available throughout
the sabbatical and during the retreat.*

For further information about the
sabbatical programme please contact:

Lil Girardi rsj

Sabbatical Co-ordinator
E: lianella.girardi@sosj.org.au
P: +61 418 554 463

For an application form and further
information about the centre
please contact:

Admin/Receptionist

E: bookings@stjosephscentre.org.au
P: +61 02 9634 2317

St Joseph's Baulkham Hills

PO Box 7386
Baulkham Hills BC NSW 2153
P: +61 02 9634 2317
F: +61 2 9899 4249
W: www.stjosephscentre.org.au



Sisters of Saint Joseph
of the Sacred Heart

© 2022 Trustees of the Sisters of Saint Joseph. www.sosj.org.au

TIME OF THE Sage

*A sabbatical
for religious living the 80s years*

1 NOVEMBER – 30 NOVEMBER 2022

St Joseph's Centre
sits within beautiful,
spacious grounds at
Baulkham Hills,
40 minutes north-west
of Sydney's CBD
and Sydney Harbour



"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.

On that day one breaks through the falsity of images and expectations which have blinded one's spirit.

One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."

John O'Donohue

St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'the Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Monday 1 November and depart after breakfast on Tuesday 30 November.



**Date: 1 November
to 30 November 2022
Cost: \$5,615.00
Closing date for
applications:
30 October 2022**