

Weekday morning guides and themes:

2-3 November

Orientation

Lianella Girardi rsj, Maureen Donnelly rsj

6-7 November

Spiritual Resilience: For Later and Late Life

Dr. Ann Zubrick

10 November

Reminiscing on Warm Hearted Memories

Lianella Girardi rsj, Maureen Donnelly rsj

9 November

Settling the Embers

Geraldine Kearney sgs

13- 14 November

Oneness of Being

Oneness with all is our call from within,
from the Divine Cosmic Creator.

Kateri Duke rsj

16 November

Igniting the Fire

Geraldine Kearney sgs

17 November

Group Outing

20-21 November

Come and See...Reading John's Gospel with
Ecological eyes.

Elizabeth Dowling rsm

23- 24 November

A How to "Seeking" and Finding God in All
Things

Brendan Kelly sj

November 25-29

The final week, a five-day Retreat will be
gently led by Brendan Kelly sj.
Gathering the graces and Giving Thanks to
our "Liberating" God.

*Spiritual Direction will be available throughout
the sabbatical and during the retreat.*

TIME OF THE Sage

*A sabbatical
for religious living in their 80 years*

1 NOVEMBER – 30 NOVEMBER 2023

For further information about the
sabbatical programme please contact:

Lil Girardi rsj

Sabbatical Co-ordinator

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For an application form and further
information about the centre
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Sisters of Saint Joseph
of the Sacred Heart

170395 RETREAT

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St Joseph's Centre
sits within beautiful,
spacious grounds at
Baulkham Hills,
40 minutes north-west
of Sydney's CBD
and Sydney Harbour



"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.

On that day one breaks through the falsity of images and expectations which have blinded one's spirit.

One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."

John O'Donohue

St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'the Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Wednesday 1 November and depart after breakfast on Thursday 30 November.



**Date: 1 November
to 30 November 2023**
Cost: \$5,700.00
**Closing date for
applications:
30 October 2023**