Weekday morning guides and themes:

2-3 November

Orientation

Lianella Girardi rsj, Maureen Donnelly rsj

6-7 November

Spiritual Resilience: For Later and Late Life

Dr. Ann Zubrick

10 November

Reminiscing on Warm Hearted Memories Lianella Girardi rsj, Maureen Donnelly rsj

9 November

Settling the Embers Geraldine Kearney sgs

13-14 November

Oneness of Being
Oneness with all is our call from within,
from the Divine Cosmic Creator.
Kateri Duke rsj

16 November

Igniting the Fire Geraldine Kearney sgs

> 17 November Group Outing

20-21 November

Come and See...Reading John's Gospel with Ecological eyes.

Elizabeth Dowling rsm

23-24 November

A How to "Seeking" and Finding God in All Things Brendan Kelly sj

November 25-29

The final week, a five-day Retreat will be gently led by Brendan Kelly sj. Gathering the graces and Giving Thanks to our "Liberating" God.

Spiritual Direction will be available throughout the sabbatical and during the retreat.

For further information about the sabbatical programme please contact:

Lil Girardi rsj

Sabbatical Co-ordinator E: lianella.girardi@sosj.org.au P: +61 418 554 463

For an application form and further information about the centre please contact:

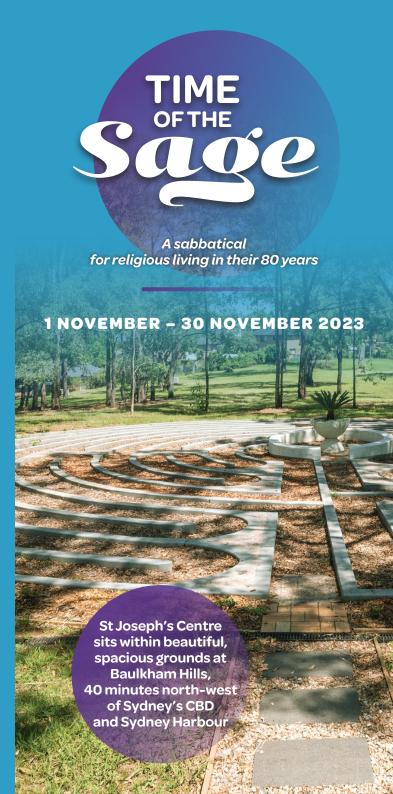
Admin/Receptionist

E: bookings@stjosephscentre.org.au P: +61 02 9634 2317

St Joseph's Baulkham Hills

PO Box 7386 Baulkham Hills BC NSW 2153 P: +61 02 9634 2317 F: +61 2 9899 4249 W: www.stjosephscentre.org.au







"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.

On that day one breaks through the falsity of images and expectations which have blinded one's spirit.

One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."

John O'Donohue

St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'the Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Wednesday 1 November and depart after breakfast on Thursday 30 November.

