



2020

# *Living Contemplatively*

*Retreats, Sabbaticals,  
Programs and other opportunities  
for nourishing the spiritual*



*Sisters of Saint Joseph Retreat Centres, Australia*



2020

# Sisters of Saint Joseph

## Retreat Centres

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- **St Joseph's House of Spirituality**  
*Batehaven NSW*
- **St Joseph's Baulkham Hills**  
*Baulkham Hills NSW*
- **Villa Maria Spirituality Centre**  
*Brisbane Qld*
- **Mary MacKillop Heritage Centre**  
*East Melbourne Vic*
- **St Joseph's Spirituality and Education Centre**  
*Kincumber South NSW*
- **Largs Bay Retreat House**  
*Largs Bay SA*
- **Kilmolee**  
*Safety Bay WA*
- **The Vale Lodge**  
*Perthville NSW*
- **St Joseph's by the Sea**  
*Williamstown Vic*

Please see Centre Contact Information on pages 17-22.



## *Registration*

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- For weekend, four, six and eight day retreats please send the application form included at the back of this brochure, plus deposit to the appropriate centre
- For sabbaticals, summer and winter schools please request an application form by emailing: [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)

## *Information*

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- All retreats commence with the evening meal on the first date and close after breakfast on the last date unless stated differently.

# The Retreats

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24 February-  
8 April

Baulkham Hills  
NSW

\$8,320

## *Retirement for Mission*

*This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.*

**Sr Mary Pat Garvin rsm and a team of Australian- based presenters.**

**Lianella Girardi rsj**

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6-8 March

Batehaven  
NSW

\$300

## *Would you like to experience some time in/with "The Shack"?*

*The Shack is a 2017 American Christian drama based on the 2007 novel of the same name by William P.Young. Despite having attracted much comment, questioning and criticism, Young himself say's that we all need to go "to that place of greatest loss" to experience healing, forgiveness and growth. Viewed with an open mind and heart, this movie can lead us to develop our own faith story and challenge each of us to recognise where God is active and inviting us.*

**Ann Morisson rsj**

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23-27 March

Batehaven  
NSW

\$400

## *The Hearts Memory: Gratefulness*

*During this mini guided retreat, we will have the opportunity to reflect on the memories of our heart and how they can lead us to a sense of being grateful..*

**Maureen McDermott rsj**

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30 March-  
5 April

East Melbourne  
VIC

\$700

## *"Seeking the Beloved"*

*Teresa of Avila and John of the Cross will guide this retreat. They inspire us to respond to the invitation of the Beloved to deeper relationship in our own mystical hearts.*

**Moya Unthank rsj**

4-9 April

Safety Bay WA

\$550

*Living in the Pattern of the  
Paschal Mystery – Good Friday  
to Easter Sunday*

*Taking time to name our deaths, losses and grief of our Good Fridays and our Holy Saturdays in order to move into our Easter Sundays with Christ. We need to “grapple with the timeless, haunting questions of suffering and death which gnaw at the heart ... and the need for transformation to which these call us.” Ronald Rolheiser The Holy Longing.” A guided retreat with some options for spiritual accompaniment with*

**Frances Maguire rsj**

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19-26 April

Largs Bay SA

\$500

*In the Silence*

*A silent, Centering Prayer Retreat focusing on our relationship with Jesus. “Spirituality is in the evolutionary process on all layers of being where God and Christ are found.” (Teilhard de Chardin)*

**Fr Tom Gleeson**

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1-8 May

Kincumber  
South NSW

\$700

*‘Come and See*

*This retreat invites you, using the metaphor of the open door, to enter your inner space more deeply. To acknowledge both your vulnerable self and your own inner strength to constantly grow in love. We will use the work of writers such as Joyce Rupp and Breneé Brown. Thus, through stillness and silence we will open ourselves further to the contemplative dimension of life and love.*

**Colleen O’Sullivan RSJ**



1-8 May *Directed Retreat*

Kincumber  
South NSW Mary Baker rsj

\$750

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1 May-1 June *The Christ Project*

Largs Bay SA *Thirty-day retreat*

\$2000

*The spiritual Exercises in the tradition of Teilhard de Chardin will be offered over thirty days, including preparation and rest days. A spiritual director will accompany each retreatant on this silent retreat.*

**Fr Tom Gleeson, Jan Sabotta**

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3-10 May *“For me to live is Christ”*

Perthville NSW *On the road to Damascus something happened to Paul, and this changed everything. In a rural setting in late Autumn, this 6-day silent retreat will reflect on the experience of Paul and the Christ he lived and invited others to share. This retreat draws on insights of the late Fr Kevin O’Shea cssr and the Pauline scholarship of the late Fr Jerome Murphy-O’Connor op. Each day will begin with Morning Prayer & reflective input, followed by personal space for prayer and contemplation. Communal Prayer will conclude the day.*

\$700

**Virginia Burke rsj**

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8-10 May *Would you like to experience some time in/ with “The Shack”?*

Kincumber  
South

\$300

*The shack is a 2017 American Christian drama based on the 2007 novel of the same name by William P.Young . Despite having attracted much comment, questioning and criticism, Young himself says that we all need to go “to that place of greatest loss” to experience healing, forgiveness and growth. Viewed with an open mind and heart, this movie can lead us to develop our own faith story and challenge each of us to recognise where God is active and inviting us.*

**Ann Morrison rsj**



10-17 May

### *The Garden*

Williamstown  
VIC

\$700

*The Garden - place of intimacy. Exploring the symbolism of the garden, especially in the book of Genesis, the song and the Gospel of John*

**Therese Quinn rsj**

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17-26 May

### *Re-Entry Retreat*

Baulkham Hills  
NSW

\$960

*This retreat will provide an opportunity for participants to reflect on their experience and re-enter their "home" culture in a gentle and reflective way.*

**Geraldine Kearney sgs  
Nicole Rotaru rsm**

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22-24 May

### *Living in the Pattern of the Paschal Mystery – Ascension to Pentecost*

Safety Bay WA

\$210

*A time to "let go of the old and let it bless us with our refusal to cling (Ascension) through to the reception of new spirit for the new life that one is already living."  
Ronald Rolheiser The Holy Longing."*

*A guided retreat with some options for spiritual accompaniment with*

**Frances Maguire rsj**

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12-19 June

### *Embracing Mystery*

Kincumber  
South NSW

\$700

*'One thing the hermitage is making me see is that the Universe is my home and I am not part of it.' Thomas Merton  
This retreat will offer opportunities for contemplative prayer arising from the writings of Thomas Merton and poetry of Mary Oliver.*

**Lyndall Brown rsj**



12-19 June

*Directed Retreat*

Kincumber  
South NSW

John Hay

\$750

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14-21 June

*“Remain in my Love” John 15*

Williamstown  
VIC

*These words, “Remain in my love” form part of the Last discourse of Jesus as found in John’s Gospel. They are a hope filled invitation to respond to the call of Jesus who desires to ‘be with us.’*

\$700

Lynette Young rsj

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14-21 June

*Touching the Depths*

Largs Bay SA

*An invitation to become present to the inner stirrings and wisdom within the depths of my own being through Contemplation and Art.*

\$500

Colleen O’Sullivan rsj

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5-9 July

*“Remain in my Love” John 15.*

Baulkham Hills  
NSW

*These words “Remain in my Love” form part of the Last discourse of Jesus as found in John’s Gospel. They are a hope filled invitation to respond to the call of Jesus who desires to “be with us.”*

\$470

Lynette Young rsj

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5-12 July

### *The Pilgrim's Way*

**Baulkham Hills  
NSW**

**\$700**

*This retreat will draw us in silence, solitude and stillness to our still centre. This is the place where God dwells in love and mystery. We will use the images of thresholds, crossroads and other aspects of pilgrimage to move us towards the cave of our heart. The spirituality underpinning this retreat is a Celtic spirituality; a spirituality of peregrination and wandering; a spirituality which responds to God's deep call to unity.*

**Colleen O'Sullivan rsj**

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6-17 July

### *Acculturation Winter Program*

**Baulkham Hills  
NSW**

**\$1,320**

*This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia- the land, its people and the Church; right relationships- women and the Australian Church, integrity in ministry and child protection; and psychological aspects of entering a different culture.*

**Annie Bond rsj  
Kelvin Barrett ssc**

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9-15 July

### *The Hospitality of God*

**Safety Bay WA**

**\$650**

*Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon. As Henri Nouwen says: 'the more we look at this holy image with the eyes of faith, the more we come to realise that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation for a difficult doctrine, but as a holy place to enter and stay within.'*

**Ann Morrison rsj**



10-17 July

Kincumber  
South NSW

\$700

### *Season of Hope. Spirituality of Aging*

*Remembering how God has been with us in the past gives us the strength for the present and hope for the future. We will reflect on the Journey of letting go, prayer in later life, living in deeper trust and hope as we journey forward.*

**Yvonne Parker sgs**

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10-17 July

Kincumber  
South NSW

\$750

### *Directed Retreat*

**Dr. Kerrie Hide**

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9-16 August

Williamstown  
VIC

\$700

### *Directed Retreat*

**Yvonne Harte rsj  
Therese Quinn rsj**

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12-18 August

21-27 August  
Largs Bay to  
Willow Springs  
SA

\$600

### *The Universe Story*

*Travel to the Flinders Ranges, engage in Earth's story-our story, contemplating our Oneness with All. Through the revelation of fossils, formed 600 million years ago, we follow the story of emerging life on Earth. Single room, comfortable, shearer's quarters, shared travel. (Limited special diets) (5 Day retreat. Travel 12th & 18th / 21st & 27th)*

**Kateri Duke rsj  
Fr Tom Gleeson**

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23-30 August

Batehaven  
NSW

\$700

### *When Seeking 'God's will', we discover we're already 'in it'!*

*This retreat will encourage contemplative praying as a basis for what the Greeks called 'enthusiasmos'... 'life-in 'God' The retreat will draw on insights from 'Ten Evenings with God' by Ilia Delio osf*

**Virginia Bourke rsj**

30 August-  
8 September

Baulkham Hills  
NSW

\$960

### *Re-Entry Retreat*

*This retreat will provide an opportunity for participants to reflect on their experiences and re-enter their “home” culture in a gentle and reflective way.*

**Geraldine Kearney sgs**  
**Kelvin Barrett ssc**

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30 August-  
6 September

Perthville NSW

\$700

### *“A Glimpse into the spirituality of Fr Julian Tenison Woods”*

*In the shadow of celebrating the 130th anniversary of his death (celebrated 2019), what better opportunity to peek into Julian’s spirituality by walking contemplatively with his writings and works to draw inspiration for our own living. This retreat will be held on the very ground that Julian walked in his ministry with early Josephites.*

**Ann Morrison rsj**  
**Lyndall Brown rsj**  
**Carmel Jones rsj**

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6-13  
September

Brisbane QLD

\$500

### *The Treasure Within*

*St Paul likens us to Earthen Vessels and how each one of us is created with treasure – a gift. Through prayer and reflection, we’ll seek to discover afresh the treasure within ourselves.*

**Michael Hickey cp**



13-20  
September

Williamstown  
VIC

\$700

### *A Contemplative Journey*

*The writings of the classical mystical tradition and contemporary spiritual writers will be used for reflective experiences during these days, inspiring an ever-deepening journey of contemplative prayer and contemplative living.*

**Moya Unthank rsj**

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14-21  
September

Kincumber  
South NSW

\$700

### *Celebrating the presence of God in creation*

*Engaging a Variety of prayer forms, music, and photography as contemplative practise, we explore Kincumber as a 'thin' place where heaven and earth are close. We are invited to slow down, to be fully present to our experience, to linger over moments of beauty. Participants are asked to bring a camera/ iPad or phone with camera. (no photographic experience is required.)*

**Val De Brenni**

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14-21  
September

Kincumber  
South NSW

\$750

### *Directed Retreat*

**Mary Baker rsj**

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14-21  
September

Kincumber  
South NSW

\$700

### *Walking as the beloved*

*Central to the Gospel of John is the concept of 'belovedness'. During these days we will walk in companionship with the 'beloved Jesus'.*

**Carmel Drew rsj**

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21-26  
September

East Melbourne  
VIC

\$750

### *Directed Retreat*

**Yvonne Harte rsj  
Lynette Young rsj**

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4-11 October

Largs Bay SA

\$500

### *Directed Retreat*

**Gen Ryan rsj  
Liz Murphy rsj**



**11-18 October** *Missionary Discipleship Today-*  
**Williamstown** *The strength of Women's*  
**VIC** *Witness*

**\$700**

*Contemplating the Universe Story, we consider how we are called today to missionary discipleship and leadership roles as were the Women at the Well, Martha, and her sister Mary of Bethany and Mary of Magdala.*

**Therese Quinn rsj**

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**11-18 October** *Directed Retreat*

**Batehaven** **Jenny Scally rsj**  
**NSW**

**\$750**

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**12-18 October** *Directed Retreat*

**East Melbourne** **Yvonne Harte rsj**  
**VIC**

**\$750**

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**30 October-** *The Hospitality of God*  
**6 November**

**Kincumber**  
**South NSW**

**\$700**

*Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon. As Henri Nouwen says: the more we look at this holy image with the eyes of faith, the more we come to realise that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation for a difficult doctrine, but as a holy place to enter and stay within.*

**Ann Morrison rsj**

30 October-  
6 November

Kincumber  
South NSW

\$700

### *Contemplative Journey*

*The writings of the classical mystical tradition and of contemporary spiritual writers will be used for reflective experiences during these days, inspiring an ever-deepening journey of contemplative prayer and contemplative living.*

**Moya Unthank rsj**

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30 October-  
6 November

Kincumber  
South NSW

\$750

### *Directed Retreat*

**Fr David King cp**

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8-15 November *Directed Retreat*

Perthville NSW **Carmel Drew rsj**

\$750

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8-15 November *"Be still and Know that I am  
God"*

Perthville NSW

\$700

*We spend time together in silent prayer. I will share some stories and listen. We will share some stories. We will spend the day in inner silence. We will celebrate the Eucharist and be guided by the Spirit.*

**Steve Finn sj**

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9-15 November *Pilgrimage to the Heart*

East Melbourne VIC *A contemplative journey to peace and wholeness*

\$700

**Yvonne Harte rsj**

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16 November-13 December *The Time of Sage*

Baulkham Hills NSW *A Sabbatical for religious living the 80's years, with themes relevant to this time of life. A team of Australian-based presenters.*

\$5,615

**Lianella Girardi rsj**

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22-29 November *"The habits of faith- filled living and dying of Daniel O'Leary*

Baulkham Hills NSW *The retreat's presentations will be influenced by the Irish writer, Daniel O'Leary, on his way through life in faith and into death in January 2019.*

\$700

**Virginia Bourke rsj**

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22-29 November *Living in a Christ- soaked World*

Baulkham Hills NSW *Is the incarnation a one-time and one-person Jesus of Nazareth event, or is it a cosmic event that has soaked all of history in the Divine Presence from the very beginning? This retreat explores the possibility of opening the ancient door of faith to the proper understanding of the word Christ. Over these days we will explore our own drops of experience to discover a Christ-soaked world. This Retreat is based on Richard Rohr's book*

\$700

**The Universal Christ.**

**Ann Morrison rsj**

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*While we do endeavour to keep dates and prices consistent as at the time of print, retreats and sabbatical prices and dates may be subject to change. Please contact the relevant centre to confirm.*

# 'Mary MacKillop Precinct'

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## Kensington

*Incorporating Mary MacKillop Museum,  
St Joseph's Chapel and Bethany  
Centre*

### **Mary MacKillop Museum Adelaide ...**

Finally, the long-awaited, redeveloped Museum is open for business, offering visitors, a unique, engaging and inspiring experience.

For the full programme of events visit our website: [www.marymackillopadelaide.org.au](http://www.marymackillopadelaide.org.au)

### ■ *8th of the Month*

#### **Honouring and Praying with St Mary MacKillop**

Mass at 10.30am in St Joseph's Chapel followed by morning tea (except Sundays)

Evening Reflection: 5.45 – 6.30pm (except 8 August)

Opportunity to learn more about the early Josephite story and pray about our world's needs.

#### **Catherine Clark rsj**

Come ... breathe in Mary's spirit ...  
walk on the land she walked on ... pray where she  
prayed so often ...  
experience an inner peace.

Refer to page 19  
for Kensington  
contact details.



## Contact Information

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Please mark all retreat correspondence **Attention: Retreats**

*Batehaven on the South Coast NSW*



### **St Joseph's House of Spirituality and Hospitality**

12 David Avenue, Batehaven NSW 2536

Email: [batehavenretreats@sosj.org.au](mailto:batehavenretreats@sosj.org.au)

**Telephone: 02 4472 4021 or 02 4472 7063**

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*

*Baulkham Hills NSW*



### **St Joseph's Baulkham Hills**

33 Barina Downs Road, Norwest NSW 2153

PO Box 7386 Baulkham Hills BC NSW 2153

Email: [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)

Website: [www.stjosephscentre.org.au](http://www.stjosephscentre.org.au)

**Telephone: 02 9634 2317 Fax: 02 9899 4249**

*Please make cheques payable to Spirituality Ministry of the Sisters of Saint Joseph.*

## Brisbane Qld



### **Villa Maria Spirituality Centre**

123 Warren Street, Fortitude Valley Qld 4006

Email: [admin@adorationsrs.org.au](mailto:admin@adorationsrs.org.au)

**Telephone: 0408 864 388**

*Please make cheques payable to the Sisters of Perpetual Adoration.*

## East Melbourne Vic



### **Mary MacKillop Heritage Centre**

362 Albert Street, East Melbourne Vic 3002

Email: [admin.mmhc@sosj.org.au](mailto:admin.mmhc@sosj.org.au)

Website: [www.mmhc.org.au](http://www.mmhc.org.au)

**Telephone: 03 9926 9300** Fax: 03 9926 9330

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*

*Retreatants are requested to arrive after 11am and in time for lunch at 12.30pm. Departure time is between 10am and 12 noon the following Sunday (no lunch).*

## Kensington Adelaide SA



### **Mary MacKillop Precinct**

4 High Street, Kensington SA 5068

PO Box 57 Kent Town SA 5071

Email: [infososa@sosj.org.au](mailto:infososa@sosj.org.au)

Website: [www.marymackillopadelaide.org.au](http://www.marymackillopadelaide.org.au)

**Telephone: 08 8130 5900**

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*

## Kilmolee Safety Bay WA



### **Kilmolee at Safety Bay**

182 Arcadia Drive, Safety Bay WA 6169

Email: [safety.bay@sosj.org.au](mailto:safety.bay@sosj.org.au)

**Telephone: 08 9527 3240**

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*

## Kincumber South NSW



### **St Joseph's Spirituality and Education Centre**

8 Humphrey's Rd, Kincumber South NSW 2251

Email: [reception@stjosephsretreat.org.au](mailto:reception@stjosephsretreat.org.au)

Website: [www.stjosephskincumber.org.au](http://www.stjosephskincumber.org.au)

**Telephone: 02 4368 2805**

*Please make cheques payable to Spirituality Ministry  
of the Sisters of Saint Joseph.*

## Largs Bay Adelaide SA



### **St Joseph's Centre**

1 Everard St, Largs Bay SA 5016

Email: [kateri.duke@sosj.org.au](mailto:kateri.duke@sosj.org.au)

or post to Kateri Duke rsj, 8 Wigley St, Largs Bay SA 5016

**Telephone: 0418 834 114**

*Please make cheques payable to the Trustees of the  
Sisters of Saint Joseph.*

## Perthville NSW



### **St Joseph's Heritage and Conference Centre**

Tenison Woods Ave, Perthville NSW 2795

Email: [Perthville.coordinator@sosj.org.au](mailto:Perthville.coordinator@sosj.org.au)

Website: [www.stjosephsperthville.org.au](http://www.stjosephsperthville.org.au)

**Telephone: 02 6337 2946**

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*

## Williamstown Melbourne Vic



### **St Joseph's by the Sea**

16 Esplanade, Williamstown Vic 3016

Email: [admin.sjbtsw@sosj.org.au](mailto:admin.sjbtsw@sosj.org.au)

**Telephone: 03 9397 6012 or 03 9397 0344**

*Please make cheques payable to the Trustees of the Sisters of Saint Joseph.*



## *Payment*

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- A non refundable deposit of \$50 applies when booking (unless stated differently for a particular centre)
- Payment by direct deposit (EFT) or credit card is available by contacting each centre directly. Contact information appears on pages 17-22.

# Application Form for Retreats

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*Please return this application form to the relevant retreat centre with your non-refundable deposit*

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

**Postcode** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Fax** \_\_\_\_\_

**Email** \_\_\_\_\_

**Retreat Location** (Please tick)

- Batehaven NSW
- Baulkham Hills NSW
- Brisbane Qld
- East Melbourne Vic
- Kilmolee Safety Bay WA
- Kincumber South NSW
- Largs Bay Adelaide SA
- Perthville NSW
- Williamstown Melbourne Vic

**Retreat Title** \_\_\_\_\_

**Dates From** \_\_\_\_\_

**To** \_\_\_\_\_

**Cost** \_\_\_\_\_



**Sisters of Saint Joseph**  
*of the Sacred Heart*