

This retreat will provide an opportunity for participants to reflect on your experiences and re-enter your home" culture in a gentle and reflective way.

FACILITATORS:

Fr Kelvin Barrett SSC &

Sr Geraldine Kearney sgs

Guest Presenters:

Fr Noel Connolly ssc

Sr Veronica Griffith sgs

To apply please contact:

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*What do **YOU** need?*

There will be

opportunities for:

- Participation in daily input and ritual*
- Spiritual Accompaniment on the Journey*
- Counselling*
- Art Journaling / Mandala Painting*
- Private Reflection Time*

Re - Entry - Transition

Retreat

REMEMBER

REFLECT

RE-CONNECT !

Dates: 30th August-8th

September 2020

33 Barina Downes Rd



A Time to Remember

*A Time to give thanks for all
the good Memories.*

*Acknowledge all the achieve-
ments,*

*Reconcile the learning
and blessing!*

Celebrate the blessings!



A Time to Reflect

*A Time to Explore the Past and Move
into the present!*

*How do YOU
want to process
your experiences?*



A Time to Re-connect

*To whom and what, do you need
to reconnect?*

*“What, lies behind us
and what, lies before us
are tiny matters
compared to
what, lies within us!”*

Ralph Waldo Emerson.

