



**TIME
OF THE
Sage**

"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.

On that day one breaks through the falsity of images and expectations which have blinded one's spirit.

One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."

John O'Donoghue

St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'the Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Monday 1 November and depart after breakfast on Tuesday 30 November.



**Date: 1 November
to 30 November 2021
Cost: \$5,615.00
Closing date for
applications:
30 October 2021**

Weekday morning guides and themes:

2-3 November

Orientation
Lianella Girardi rsj

4-5 November

“Understanding the Current – Moving with the Flow” (Dr. Miriam Rose Ungunmeier Baumann)
Colleen O’ Sullivan rsj

8-9 November

Come and See, Reading John’s Gospel with Ecological Eyes
Elizabeth Dowling rsm

11-12 November

Living into Life
Mel Williams osu

15-16 November

Spiritual Resilience: for Later and Late Life
Dr. Ann Zubrick

18-19 November

Images of God: A “How” to Seeking and Finding God in All Things.
Brendan Kelly sj

22-26 November

The final week, a five-day retreat will be gently led by Brendan Kelly sj.
“Gathering the Graces and Giving Thanks to our Liberating God”.

Spiritual Direction will be available throughout the sabbatical and during the retreat.

TIME OF THE Sage

A sabbatical for religious living the 80s years

1 NOVEMBER – 30 NOVEMBER 2021

For further information about the sabbatical programme please contact:

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For an application form and further information about the centre please contact:

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Sisters of Saint Joseph
of the Sacred Heart

170300 RETREAT

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