

Living Contemplatively



2023

Retreats, Sabbaticals, Programs
and other opportunities for
nourishing the spiritual

Sisters of Saint Joseph Retreat Centres, Australia

Retreat Centres

- **Mary MacKillop Place**
North Sydney NSW
- **St Joseph's Baulkham Hills**
Baulkham Hills NSW
- **Villa Maria Spirituality Centre**
Brisbane QLD
- **Mary MacKillop Heritage Centre**
East Melbourne VIC
- **St Joseph's Spirituality and Education Centre**
Kincumber South NSW
- **Kilmolee**
Safety Bay WA
- **St Joseph's Heritage and Conference Centre**
Perthville NSW
- **St Joseph's by the Sea**
Williamstown VIC

Please see Centre Contact Information on pages 13 -16.



Registration

- For weekend, four, six and eight day retreats please send the application form included at the back of this brochure, plus deposit to the appropriate centre
- For sabbaticals, please request an application form by emailing: bookings@stjosephscentre.org.au

Information

- **All retreats commence with the evening meal on the first date and close after breakfast on the last date unless stated differently.**

The Retreats

February 19
- April 2

St Joseph's
Baulkham Hills
NSW

"An invitation to Wisdom- Mission, Conversion and Transformation"

This Sabbatical focuses on transitions and is suitable for those who are at the Crossroads of life and ministry.

The invitation is to Openness, Vulnerability and Spiritual Growth.

The Sabbatical is integrative and holistic in its approach. An excellent team of Australian-based presenters.

\$8,550

Coordinator: Lianella Girardi rsj

March 27
- April 2

St Joseph's
by the Sea
Williamstown
VIC

A Contemplative Journey

Oneness of Being. In this reflective, contemplative time, opening to the Spirit of Love, we embrace our oneness with Earth, Stars, Universe – our Cosmic Communion.

\$750

Guided: Katerie Duke rsj

April 2-9

Mary MacKillop
Place
NSW

"If you love me take off your shoes"

Holy Week gives us the opportunity to stop and give ourselves time to breathe. Time to take off our shoes and ponder what it's like to walk with Jesus into the great mystery of Easter. This retreat is enhanced by the artwork and inspiration of German priest Sieger Koder (1925-2015) and prisoner of war.

\$750

Guided: Ann Morrison rsj

April 17-23

**St Joseph's
by the Sea,
Williamstown
VIC**

Visiting the Well

An opportunity to use the scripture of the Woman at the Well and our own lived experience. A story of encounter, having our eyes opened, being vulnerable, going deeper, times of dryness, transformation and new life and being asked to proclaim the good news.

\$750

Guided: Jenny Scally rsj

May 7-16

**St Joseph's
Baulkham Hills
NSW**

Remembering Re-entering Reweaving Transition Retreat

This retreat will provide opportunities for participants to reflect on their cross-cultural experiences and the joys and challenges faced when returning to their home culture.

Previous retreatants valued connecting with others in a similar transition phase and were enriched in this. Through the sharing of memories and the difficulties encountered during the transition period participants gained deeper insight into their experiences and responses and this enabled a greater openness to what was possible for them in the future.

Maximum number of participants is 6, and a participant's re-entry does not need to have happened recently.

\$1,050

**Co-ordinators: Nicole Rotaru RSM and
Cathy Solano RSM**

May 21-28

St Joseph's
Heritage and
Conference
Centre
Perthville
NSW

***"I am the Lord; there is no other
god. I will give you all the strength
you need..." Isaiah 45:5***

Every day we need deep-time, Kairos-time, when a lost perspective is restored, and we allow God to be God. Included in this silent retreat is a time for community prayer, a daily talk, daily celebration of the eucharist, voluntary sharing in the afternoon and the opportunity of seeing the retreat giver.

\$750

Guided: Steve Sinn sj

\$800

Directed Carmel Drew rsj

May 22-28

St Joseph's
by the Sea
Williamstown
VIC

Let us Enjoy

Let us enjoy, through modern art, the Song of Songs, and the connection with the story of Mary Magdalene in the Garden. John (20:11-18). The Sent one sends .. "Do not hold on to me....Go to my brothers and sisters...."

\$750

Guided: Therese Quinn rsj

May 29-June 5

St Joseph's
Kincumber
South
NSW

Pulsing Life in the Heart of God

It is wise now and again to tune into your heart and listen for what it carries. "I would love to live like a river flows, Carried by the surprise of its own unfolding" - John O'Donohue.

"Everything is related, and we human beings are united as brothers and sisters on a wonderful pilgrimage, woven together by the love God has for each of his creatures and which also unites us in fond affection..." Leonardo Boff from Thoughts and Dreams of an Old Theologian, Orbis Books, 2022 Come, walk the less-trod path and seek out the pulse of life in your heart beating and resting.

\$750

Guided: Therese Carroll rsj

May 29-June 5

\$800

**Directed: David King cp
Ann Morrison rsj**



July 16-23

Attending deeply

**St Joseph's
Baulkham Hills
NSW**

The retreat offers the opportunity to ponder Teilhard de Chardin's statement that, with one hand God shapes the universe, and with the other God shapes us carefully. The Trinity keeps drawing us through the details of our lives.

\$750

Guided: Carmel Drew rsj

July 16-23

Visiting the Well

**St Joseph's
Baulkham Hills
NSW**

An opportunity to use the scripture of Woman at the Well and our own lived experience. A story of encounter, having our eyes opened, being vulnerable, going deeper, times of dryness, transformation and new life and being asked to proclaim the good news.

\$750

Guided: Jenny Scally rsj and Katrina Zhang rsm

September 4-11

Immersed in a Christ-Soaked World

**St Joseph's
Kincumber
South
NSW**

Our entire universe (including humanity) has been soaked in The Christ from the very moment of creation. All carry the divine DNA of the Creator. This retreat helps us to come to know in every cell of our body this reality. These days are ideal for those who participated in Living in a Christ-Soaked World and those who have read Richard Rohr's The Universal Christ.

\$750

Guided: Ann Morrison rsj

September 4-11

\$800

Directed: Caitlin Douglas

September
10-16

Villa Maria
Spirituality
Centre,
Brisbane
QLD

At Home in the Heart

It is wise now and again to tune into your heart and listen for what it carries.

I would love to live like a river flows, carried by the surprise of its own unfolding. The power of the heart's attitude is expressed beautifully in Scripture: Where your treasure is, there your heart is also (Matt 6:21) The heart is beautiful precisely because it is where God dwells: the heart is the divine sanctuary. (Adapted from John O'Donahue, Benedictus. PP116,121)

At home in the Heart retreat is an invitation to rest in God's presence and discover your own inner truths and wisdoms. Come and see how Wisdom (Sophia) is present in your life. Through scripture, music, poetry, movement, silence and every other creative dimension, your heart awaits your coming home.

\$750

Guided: Therese Carroll rsj

September
11-17

St Joseph's
by the Sea
Williamstown
VIC

The Strength of Women's Witness

We consider how women are called today to leadership and missionary discipleship as were the Samaritan Woman at the Well, the sisters Martha and Mary of Bethany and Mary Magdalene.

\$750

Guided: Therese Quinn rsj

September 24-
October 1

St Joseph's
Kincumber
South
NSW

The Music of what happens

David Whyte invites: Stop what you are doing/and stop what you are becoming. During these days of quiet reflection, we will ponder questions such as: What kind of seeing/listening is it that reveals, not only the surfaces of things, but also their within?

\$750

Guided: Carmel Drew rsj

September 24 -
October 1

\$800

Directed: Maureen McDermont rsj

September
29-October 5

Safety Bay
WA

Care for our Earth

This retreat explores our personal, unfolding story with God's creation, examining our relationship with our creator God, our fellow human beings, and the environment. In 2001, Pope John Paul II first used the term 'ecological conversion', and in recent times Pope Francis has given it more insistent emphasis and priority. In the light of the availability of increasingly informative climate change data, what theological and spiritual underpinnings will we invoke by way of response and deepening our conversion to caring for our earth?

\$750

Guided: Brendan Kelly sj

October 9-15

St Joseph's
by the Sea
Williamstown
VIC

Directed Retreat

\$800

**Directed: Therese Quinn rsj and
Jenny Scally rsj**

November 1-30

St Joseph's
Baulkham Hills
NSW

Time of the Sage – Sabbatical

The Sabbatical is for women and men religious living 'the Time of the Sage', that rich time of life in the 80's years. An excellent team of Australian-based presenters.

\$5,700

Co-ordinator: Lianella Girardi rsj

November
12-19

St Joseph's
Heritage and
Conference
Centre
Perthville
NSW

Gazing through Advent Windows

*This Retreat allows us to dip into what we are awaiting, our deepest longing, God-with-us. Attending to our universal guest, we discover ever more deeply the guidance, wisdom and faithfulness of the 'God-with-us' in the ups and downs of our everyday reality. God incarnate calls us ever more deeply into life every second of every day. **Please bring your bible.***

\$750

Guided: Ann Morrison rsj

November
20-27

St Joseph's
Kincumber
South
NSW

Captivated by Women of the Gospel

During this guided retreat there will be the opportunity to delve a little deeper into the women of the Gospel, those known and those not so well known. What was it in Jesus that touched their lives, what sustained them in their relationship with Jesus. What are the challenges for us as we live our call to be women of the Gospel?

\$750

Guided: Maureen McDermott rsj

November
20-27

St Joseph's
Kincumber
South
NSW

Seeing with Fresh Eyes

A guided Contemplative Photography. An opportunity to see with fresh eyes and hear with fresh ears as we contemplate our work through the lens of a camera and in conversation with the Scriptures.

\$750

Guided: Elizabeth Lee

November
20-27

\$800

**Directed: Carmel Drew rsj
David King cp**

November 26 - **Immersed in a Christ-Soaked**
December 3 **World**

St Joseph's
Baulkham Hills
NSW

*Our entire universe (including humanity) has been soaked in **The Christ** from the very beginning. All carry the divine DNA of the creator. This retreat helps us to come to know in every cell of our body this reality. These days are ideal for those who participated in Living in a Christ-Soaked World and those who have read Richard Rohr's *The Universal Christ*.*

\$750

Guided: Ann Morrison rsj

November 26 – **At Home in the Heart**
December 3

St Joseph's
Baulkham Hills
NSW

It is wise now and again to tune into your heart and listen for what it carries.

*I would love to live like a river flows, carried by the surprise of its own unfolding. The power of the heart's attitude is expressed beautifully in Scripture: Where your treasure is, there your heart is also (Matt 6:21) The heart is beautiful precisely because it is where God dwells: the heart is the divine sanctuary. (Adapted from John O'Donahue, *Benedictus*. PP116,121)*

At home in the Heart retreat is an invitation to rest in God's presence and discover your own inner truths and wisdoms. Come and see how Wisdom (Sophia) is present in your life. Through scripture, music, poetry, movement, silence and every other creative dimension, your heart awaits your coming home.

\$750

Guided: Therese Carroll rsj



While we do endeavour to keep dates and prices consistent as at the time of print, retreats and sabbatical prices and dates may be subject to change.

Please contact the relevant centre to confirm.

Mary MacKillop Precinct Kensington SA

Incorporating Bethany [Spirituality] Centre, Mary MacKillop Museum and St Joseph's Chapel

Our events are for everyone! In addition to reflection and retreat days, we offer spirituality and personal/professional development workshops.

Keep up-to-date with our programmes via our website:
www.marymackillopdeladeide.org.au

Mary MacKillop Museum Adelaide

The 2022 award-winning museum showcases the Josephite story as it has evolved from 1866 to the present. It offers an interactive, hands-on experience – using audio and visual storytelling to engage and inspire the young and not-so-young. It also includes a beautiful gift shop with gifts for special occasions, and a café, set in peaceful surroundings. Open Tuesday - Sunday.

St Joseph's Chapel

Mary MacKillop's much-loved place of prayer. Now heritage-listed, it has become a place of pilgrimage, prayer and peace for people of all ages and backgrounds.

Open to the public daily: 10.00am - 4.00pm.

Contact Information

Bethany/Chapel: 4 High Street, Kensington SA 5068

Email: infosas@sosj.org.au

Telephone: 08 8130 5900

Museum: 19 Phillips Street, Kensington SA 5068

PO Box 57, Kent Town SA 5071

Email: info.mmprecinct@sosj.org.au

Telephone: 08 8130 5910

Website: www.marymackillopdeladeide.org.au



Contact Information

Please mark all retreat correspondence Attention: Retreats

North Sydney



Mary MacKillop Place, North Sydney
Phone: 02 8912 4818

Mary MacKillop Place
PO Box 1081 North Sydney NSW 2059
Email: retreats@mmp.org.au
Website: www.marymackillopplace.org.au

Please make cheques payable to Mary MacKillop Place.

Baulkham Hills NSW



St Joseph's Baulkham Hills
Telephone: 02 9634 2317 Fax: 02 9899 4249

33 Barina Downs Road, Norwest NSW 2153
PO Box 7386 Baulkham Hills BC NSW 2153
Email: bookings@stjosephscentre.org.au
Website: www.stjosephscentre.org.au

*Please make cheques payable to Spirituality Ministry
of the Sisters of St Joseph.*

Brisbane QLD



Villa Maria Spirituality Centre

Telephone: 0408 864 388

123 Warren Street, Fortitude Valley QLD 4006

Email: admin@adorationsrs.org.au

Please make cheques payable to the Sisters of Perpetual Adoration.

Kilmolee Safety Bay WA



Kilmolee at Safety Bay

Telephone: 08 9527 3240

182 Arcadia Drive, Safety Bay WA 6169

Email: safety.bay@sosj.org.au

Telephone: 08 9527 3240

*Please mark all retreat correspondence as following
“Attention: Retreats”*

Kincumber South NSW



St Joseph's Spirituality and Education Centre

Telephone: 02 4368 2805

8 Humphreys Rd, Kincumber South NSW 2251

Email: reception@stjosephsretreat.org.au

Website: www.stjosephskincumber.org.au

Please make cheques payable to Spirituality Ministry of the Sisters of St Joseph.

Perthville NSW



St Joseph's Heritage and Conference Centre

Telephone: 02 6337 2946

Tenison Woods Ave, Perthville NSW 2795

Email: Perthville.coordinator@sosj.org.au

Website: www.stjosephsperthville.org.au

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Williamstown VIC



St Joseph's by the Sea
Telephone: 03 9926 9300

16 Esplanade, Williamstown VIC 3016

FOR BOOKINGS CONTACT:

Mary MacKillop Heritage Centre
362 Albert Street, East Melbourne VIC 3002
Email: admin.mmhc@sosj.org.au

*Please make cheques payable to the Trustees of
the Sisters of Saint Joseph.*

Application Form for Retreats

Name _____

Address _____

Postcode _____

Phone _____

Email _____

Retreat Location (Please tick)

Mary MacKillop Place NSW

Baulkham Hills NSW

Brisbane QLD

Kilmolee Safety Bay WA

Kincumber South NSW

Perthville NSW

Williamstown VIC

Retreat Title _____

Dates From _____

To _____

Cost _____

***Please return this application form
to the relevant retreat centre with
your non-refundable deposit***

Payment

- A non refundable deposit of \$50 applies when booking (unless stated differently for a particular centre).
- Payment by direct deposit (EFT) or credit card is available by contacting each centre directly. Contact information appears on pages 13-16.



Sisters of Saint Joseph
of the Sacred Heart

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